

BREAK IT AND RIP IT!!



By: Tommy Yoo

Grip is something most of the golfers underestimate in my opinion. All the different level of golfers that I teach from juniors to pros, I have noticed that golfers are very focused on how to improve swing path and plane.

However, they don't spend much time trying to improve clubface which has a lot to do with how you grip the club. How you hold on to the club will determine the consistency of your clubface at impact and pattern. Once you have a clubface pattern you will be able to build a swing path around clubface which will give you a consistent ball flight.

Now let me show you how to grip it properly:



FALSE GRIP

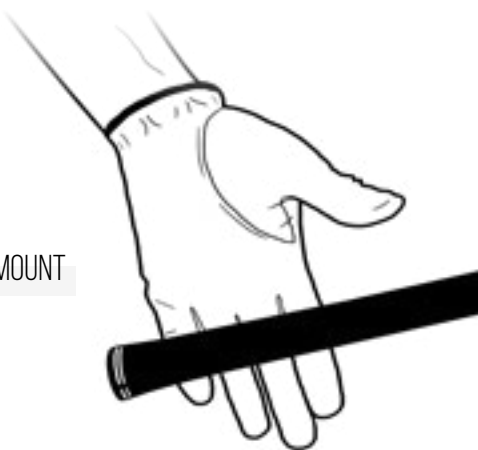
1 GRIPPING IT IN THE PALMS

2 GRIPPING IT TOO MUCH IN THE FINGERS



3 SEPARATION BETWEEN THE THUMB AND POINTER FINGER.

4 TOO MUCH OR TOO LITTLE AMOUNT OF KNUCKLES WILL SHOW.



CORRECT GRIP



1 GRIP IS NICELY BALANCED BETWEEN THE PALM AND FINGERS.

2 CLUB IS GOING DIAGONALLY THROUGH MY HAND.



3 THUMB AND POINTER FINGER ARE MORE TOGETHER WHICH CREATES A V SHAPE.

4 TWO KNUCKLES SHOWING WOULD BE A NEUTRAL GRIP.



THE HANDS ARE THE ONLY BODY PART THAT IS CONNECTED TO YOUR CLUB, THE BETTER GRIP YOU HAVE MORE CONTROL YOU WILL GET IN YOUR SWING. ■